

# My Spending DIARY



### Smart Spending Principles



**Think Before You Buy:** Ask yourself: "Do I really need this, or do I just want it right now?"



**Make a Plan:** Decide what you want to buy and how much you can spend before you go shopping.



**Compare Prices:** Check different shops or websites—you might find a better deal! Consider second-hand.



Wait Before You Spend: Try the 1-day or better 3-day rule for things you want, not need. Waiting helps avoid impulse buys!



## Smart Spending Diary

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